



POINT

Student Volunteer Resource Guide



POINT (People and Organizations in North Toronto),
February, 2014.

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P.O.I.N.T Inc. (People and Organizations in North Toronto) is a long established grass roots organization in North Toronto. Our mission is to improve availability and increase awareness of social and health services in the community. POINT has been instrumental in initiating programs and organizations such as the Block Parent Program, SPRINT (Senior Peoples' Resources in North Toronto), and The Anne Johnston Health Station. POINT also acts as a catalyst by putting people and solutions together. Our current areas of focus are: youth issues, affordable housing, supporting families at risk, the vulnerable elderly, and encouraging civic participation in the community.

The Student Volunteer Resource Guide is another POINT initiative. This guide has been created to provide secondary school students with a list of volunteer opportunities and/or contact positions for agencies/organizations primarily in the North Toronto area. It should be noted that the volunteer opportunities listed in the guide are not the only volunteer positions being offered in North Toronto or the City of Toronto. If your interests do not match the volunteer opportunities listed, you may wish to investigate other agencies/organizations on your own or discuss community involvement opportunities with your teachers, guidance counsellors, The Volunteer Centre of Toronto, or POINT.

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As you probably know Y.

In 1999, the Ontario Ministry of Education announced that students entering high school are to volunteer for 40 hours of community involvement to obtain the Ontario Secondary School Diploma (OSSD).

When? It can be done after classes, in the evenings, on weekends, during school breaks, or during the summer months.

Where? Community involvement may include: Providing services to seniors or children, volunteering in hospitals, tutoring other students, etc. For more information on appropriate activities, see Section Four of Guide: “List of eligible and ineligible activities”. To clarify if the activity that you have chosen is suitable, consult your school guidance counsellor.

Why? It reinforces civic responsibility, strengthens the community, provides a new learning situation, offers networking opportunities for the future, and provides experience to include on your resume.

“Never doubt that a small group of thoughtful committed citizens can change the world; indeed, it’s the only thing that ever has.”

-Margaret Mead (1902-1978)

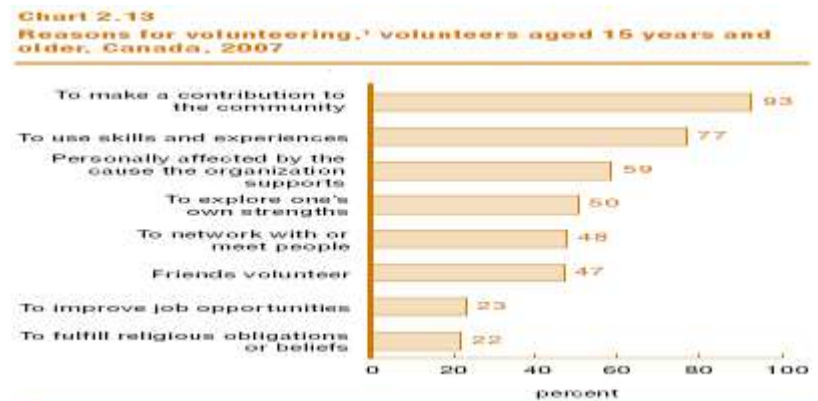
Due to the federal government’s decision to conduct short-form censuses, rather than previously mandated long-form censuses, the following are the most recent statistics available.

Source: Government of Canada

Website Address: <https://www.ic.gc.ca/ei/site/064.nsf/eng/05709.html/>

The motivation:

Most (93%) agreed that the desire to make a contribution to their community was an important reason for their volunteering (Chart 2.13).¹⁹ Other frequently reported reasons were the desire to make use of personal skills and experiences (77%) and having been personally affected by the cause that the organization supports (59%). Around half of all volunteers reported that they volunteered to explore their own strengths (50%), to network or meet people (48%) and because their friends volunteered (47%). Improving job opportunities (23%) and fulfilling religious obligations or beliefs (22%) were less frequently cited as reasons.



Source: The 2007 Statistics Canada Survey of Giving, Volunteering and Participating

Website Address: <http://www.statcan.ca/>

How Many?

- Youth have the highest rate of volunteering, compared to other demographics.
- Over half (58%) of young people aged 15-24 volunteered through a group or organization.

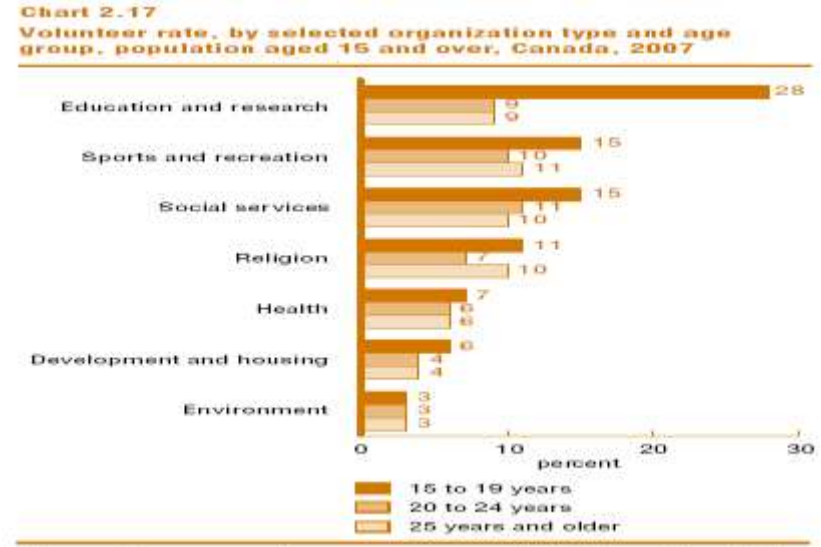
Differences by Age

- Volunteers between the ages of 15-19 were much more likely to volunteer than those aged 20-24 (65% vs. 47%).
- However, 20-24 year olds volunteered more hours on average (182-116).

The Activities

Turning to the types of organizations to which young Canadians contribute their time, 15 to 19 year olds were more likely than either 20 to 24 year olds or those over 25 to volunteer for almost all of types of organizations (Chart 2.17). They were much more likely to volunteer for education and research organizations and sports and recreation organizations and somewhat more likely to volunteer for social services organizations.

Statistics



Source: The 2007 Statistics Canada Survey Giving, Volunteering and Participating
Website Address: <http://www.statcan.ca/>

“Many small people in many small places do many small things that can alter the face of the world.”

-Anonymous

“The smallest act of kindness is worth infinitely more than the grandest intention.”

-Oscar Wilde

“Volunteers are not paid-not because they are worthless, but because they are priceless.”

-Sherry Anderson

The Benefits of Volunteering:

One of the benefits of volunteering is the opportunity it provides volunteers to learn new skills.

- Two thirds (66%) of volunteers reported that their volunteering had provided them with interpersonal skills, such as understanding and motivating people or being better able to handle difficult situations (Chart 2.14).
- Almost half (45%) indicated that they acquired communication skills, 39% obtained organizational or managerial skills, and 34% reported increased knowledge about specific subjects like health, women's or political issues, criminal justice, or the environment.
- About a third (32%) acquired fundraising skills and 25% obtained technical or office skills (e.g., first aid, coaching, computer skills, and bookkeeping).
- Youth also tend to be motivated to volunteer by different factors than other volunteers.

Chart 2.14

Skills acquired through volunteering, percentage of volunteers aged 15 and over, Canada, 2007



Source: The 2007 Statistics Canada Survey Giving, Volunteering and Participating
Website Address: <http://www.statcan.ca/>

List of eligible and ineligible activities

Be sure that the activity you choose will count toward your 40 hours of volunteer service. Before selecting your volunteer placement, you and your parents should review the list below to determine if your selection meets with Ministry of Education guidelines.

Examples of **eligible** activities include:

- **Fundraising** - walk-a-thons, celebrity games, gift wrapping, galas
- **Sports/recreation** - coaching, track meets, summer games, working with a buddy, organizing special Olympics in the community
- **Community** - helping to organize winter carnivals, parades, summer fairs, community events
- **Community projects** - helping out at a food bank, support services for community groups
- **Religious organizations** - programming for children, child-minding, helping with special events, clerical tasks
- **Seniors' programs** - assisting in a seniors' residence or community programs
- **Youth programs and child care** - helping to run youth programs such as Scouts, Guides, drop-in centers, breakfast programs, after-school programs, March break programs, leaders in training, summer playground activities, camps
- **Work with animals** - helping with animal shelters, horseback riding programs, the local zoo, petting farms
- **Arts and culture** - assisting at a gallery, performing music, being involved in a library program

- **Activities for individuals** - helping seniors by shopping, reading letters, shoveling snow, visiting chronic care hospitals or helping young people through tutoring, transcribing, reading buddies, respite care

Examples of **ineligible** activities include:

- Student activities that displace paid workers
- Any activity where you are normally paid (for example, babysitting, part-time job)
- "Take Our Kids to Work" experience in grade 9
- Job shadowing or a work experience component of a course
- Co-operative education experiences
- Any required activities of a course or program in which you can earn a credit
- Playing on a school sports team
- Activities that are family responsibilities (for example, regular chores)
- Court-ordered community service programs, alternative measures programs or any diversionary program that uses community service
- Any activity involving the operation of a vehicle, power tools or scaffolding
- Any activity where you might administer medication or a medical procedure
- Any student under 16 involved in a logging environment
- Any student under 15 involved in a factory environment
- Any student under 14 in any working environment (except health and residential care environments)
- Activities involving banking, securities or other valuables

Source: Ontario Ministry of Education

Website Address: <http://www.edu.gov.on.ca/>

STUDENT VOLUNTEER RESPONSIBILITIES AND RIGHTS

Some responsibilities include:

- Choosing an organization you respect and support and being sincere in your offer of service.
- Accepting a volunteer position you believe in and feel will meet your skills and interests.
- Understanding and following the agency's designated policies and procedures.
- Acknowledging the need for training and participating fully within the organization.
- Consult with a coordinator when unclear on policy or action and provide constructive criticism to improve effectiveness.
- Working as a team member with other volunteers and paid staff.
- Keep abreast of organizational changes.
- Acting with discretion concerning any information that is either obtained from the agency or the clients with whom you are working.
- Refuse gifts and/or tips from recipients of service.
- Keeping track of your volunteer hours and obtaining necessary verification signatures.

Your rights include:

- Being properly interviewed, selected and provided with a job description.
- A position that is worthwhile, challenging, will promote learning and growth.
- Receiving orientation and training to fulfill your volunteer duties
- Being given appropriate direction from your supervisor, or from someone who can provide you with reliable guidance.
- Being treated as non-paid staff, given appropriate recognition with respect, consideration, and trust within the organization.
- Having a safe working environment.
- Be kept informed on what is happening in the organization.
- Receiving reimbursement for out of pocket expenses on behalf of the organization whenever possible.
- Be trusted with necessary confidential information.
- Being recognized for the work undertaken by you as a volunteer.

Source: Adapted from the National Capital Freenet Volunteer Hand- Book.
Website: <http://www.ncf.ca/ncf/volunteer/handbook.html>

THE VOLUNTEER INTERVIEW



- ❖ Many agencies/organizations want to make sure that you are a suitable match for the volunteer position and therefore may request an interview.
- ❖ It is likely you will be asked to submit a resume and supply references. It is a good idea to bring them with you to an interview.
- ❖ Some agencies/organizations may require a Police Background Check.
- ❖ During an interview, obtain as much information as you can about your duties and information relevant to the requirements outlined in the Community Involvement Manual.

Volunteer Opportunities In North Toronto

The following suggestions are extensive and varied but this is in no way an exhaustive list. If your interests include: community and social service, children/youth and family issues, cultural and heritage institutions, education, environmental issues, animal rights, health, social justice programs, seniors' issues, or sports and recreation, you may find an idea in this list. If you desire additional opportunities, POINT encourages you to investigate them with the assistance of your school, The Volunteer Centre of Toronto, POINT, or on your own.

ALZHEIMER SOCIETY OF TORONTO

20 Eglinton Avenue West, 16th floor

Phone Number: (416) 322-6560 Ext. 233

Contact Person: Volunteer Program Director

Website Address: <http://www.asmt.org>

E-Mail: contact@alzheimerstoronto.org

Volunteer Opportunities: Take part in telephone or face-to-face counseling, on site at a person's home, support groups for family members and individuals with dementia, resource centre, professional education, public education and forums, videos and publications in over 32 languages.

Minimum age: 16

Supplementary: The office is wheelchair accessible but the washrooms are not.

BLOORVIEW KIDS REHAB

150 Kilgour Road

Phone Number: (416) 422-7031

Contact Person: Volunteer Resources Dept.

Website Address: www.bloorview.ca

E-mail: volunteers@bloorview.ca

Volunteer Opportunities: Participate in March break camps, hospital reception, therapeutic playroom, recreation activities, swimming etc.

Time Required: Varies

Training: Available

Minimum age: 16

Supplementary: Organization is wheelchair accessible.

CANADIAN CANCER SOCIETY

55 St.Clair Avenue West, Suite 500

Phone Number: (416) 480-7901

Contact Person: Volunteer Coordinator

Website Address: <http://www.cancer.ca>

E-Mail: toronto@ontario.cancer.ca

Volunteer opportunities: Assist in daffodil sales, Relay for Life teams/set-up, special events, fundraising, Youth Leadership Council and information outreach.

Time Required: Varies

Training: Available

Minimum age: 14

Supplementary: Wheelchair accessible (Contact local Canadian Cancer offices for area volunteer opportunities).

CANADIAN CYSTIC FIBROSIS FOUNDATION

2323 Yonge Street, Suite 800

Phone Number: (416) 485-9149 ext.395

Contact Person: Rebecca Tompkins

Website Address: <http://www.cysticfibrosis.ca>

E-Mail: jointheteam@cysticfibrosis.ca

Volunteer opportunities: Office work, special events i.e. registration, selling tickets, committee meetings, event planning, set up & clean up etc.

Time Required: Varies

Training: Available

Minimum age: None

Supplementary: Wheelchair accessible

Application:

www.surveymonkey.com/CFCSWCOntarioVolunteer

CENTENNIAL INFANT AND CHILD CENTRE

1580 Yonge Street

Phone Number: (416) 935-0200 ext. 221

Contact Person: Candy Keillor

Website Address: <http://www.cicc.on.ca>

E-mail: ckeillor@cicc.on.ca

Volunteer Opportunities: Participate in pre-school programs with children 2-4 years old diagnosed with a variety of special needs.

Time Required: 1 shift per week for duration of pre-school year

Training: Available

Minimum Age: 16

Supplementary: Wheelchair accessible

DELISLE YOUTH SERVICES

40 Orchard View Boulevard, Suite 255

Phone Number: (416) 482-0081 Ext. 227

Contact Person: Volunteer Coordinator

Website Address: <http://www.delisleyouth.org>

E-Mail: info@delisleyouth.org

Volunteer Opportunities: Participate in programs such as; youth groups, youth gallery, individual counseling, walk-in counseling, day treatment and special needs programs

Time Required: Varies

Training: Available

Minimum age: 13

Supplementary: Wheelchair accessible, Braille elevator with lowered buttons.

DYING WITH DIGNITY

55 Eglinton Avenue East, Suite 802

Phone Number: (416) 486-3998

Contact Person: Donald Babey

Website Address: <http://www.dyingwithdignity.ca/>

E-Mail: info@dyingwithdignity.ca

Volunteer Opportunities: Social media marketing (Facebook page, Twitter, website), administrative assistance, data entry, research and writing unique content for blog.
Time Required: Varies
Training: Available
Minimum Age: 16
Supplementary: Wheelchair accessible building, Braille elevators with lowered buttons.

MUSCULAR DYSTROPHY CANADA

2345 Yonge Street, Suite 900
Phone Number: (416) 488-2699 or 1-866-MUSCLE-8
Contact Person: Events and Campaign Coordinator
Website Address: <http://www.muscle.ca>
E-Mail: info@muscle.ca
Volunteer Opportunities: Helping with data entry, filling, packaging, campaign materials, telemarketing, preparing mailings to stakeholders, work on peer support, fundraising, public relations and social events.
Time Required: Varies
Training: Available
Minimum Age: 13
Supplementary: Wheelchair accessible. A reference letter and certificate of recognition is provided.

NORTH TORONTO MEMORIAL COMMUNITY CENTER

200 Eglinton Avenue West
Phone Number: (416) 392-6591
Contact Person: Recreation Coordinator
Volunteer Opportunities: After-school sport/pre-school programming
Time Required: 4:00 pm-6:00 pm
Training: Available
Minimum Age: 14
Supplementary: Organization is wheelchair accessible.

POINT (People and Organizations in North Toronto)

200 Eglinton Ave W, First Floor
Phone Number: (416) 487-2390
Contact Person: Community Information Service Coordinator
Website: <http://www.pointinc.org>
E-Mail: point@pointinc.org
Volunteer Opportunities: Internet Instructor, Community Information Service Volunteer, youth projects, student representation on the Board, assist with fundraising and community outreach projects
Time Required: Varies.
Training: Available
Minimum Age: 16
Supplementary: Wheelchair accessible

S.A.I.N.T.S

(Student Assistance in North Toronto for Seniors)

100 Ranleigh Avenue
Phone Number: (416) 481-6284
Contact Person: Christine Hurlbut
Website: <http://www.saintstoronto.ca>
E-Mail: saints@saintstoronto.ca
Volunteer Opportunities: Home help i.e. light housekeeping, shopping, grass and garden maintenance, snow shoveling, odd jobs or errands. Services provided after school and on weekends.
Dates Available: Year round (after school and weekends)
Training: Available
Minimum Age: 14 or Grade 9

SAVE THE CHILDREN CANADA

4141 Yonge Street, Suite 300
Phone Number: (416) 221-5501
Contact Person: Director of Community Affairs
Website: <http://www.savethechildren.ca>
E-Mail: volunteering@savethechildren.ca

Volunteer Opportunities: Various opportunities to engage with the staff, as well as, support within many departments.

Time Required: 2 hours per week (minimum)

Training: Available

Minimum Age: 14

Supplementary: Wheelchair accessible, Braille elevators.

SELF HELP RESOURCE CENTER

40 St.Clair Avenue East, Suite 307

Phone Number: (416) 487-4355 or 1-888-283-8806

Contact Person: Volunteer Coordinator

Website Address: <http://www.selfhelp.on.ca>

E-Mail: volunteer@selfhelp.on.ca

Volunteer Opportunities: Social media, website management, video editing, communications, resource development, graphic design, office assistance, information referral, fundraising, database development and event planning.

Time Required: Varies

Training: Available

Minimum Age: 16

Supplementary: Organization is wheelchair accessible, Braille and tone elevators with lowered buttons.

SPRINT (Senior Peoples' Resources in North Toronto)

140 Merton Street, Second Floor

Phone Number: (416) 481-0669 ext.252

Contact Person: Menaka Kulendran

Website Address: <http://www.sprintseniorcare.org>

E-Mail: menaka.kulendran@sprintseniorcare.org

Volunteer Opportunities: Assisting with the community-dining program, administrative assistance, social support at adult day program, Meals on Wheels.

Time Required: Varies

Training: Available for friendly visiting. Orientation is available for other volunteer positions.

Minimum Age: 14

Supplementary: Wheelchair accessible, Braille and tone elevators with lowered buttons.

SUNNYBROOK HEALTH SCIENCES CENTRE

2075 Bayview Avenue

Phone number: (416) 480-4129 or (416) 460-6100

Contact Person: Volunteer Resources Dept.

Website Address: <http://www.sunnybrook.ca>

E-Mail: volunteer@sunnybrook.ca

Volunteer Opportunities: Working with patients directly; fundraising, support services e.g. wheelchair escort

Dates Available: Key recruiting times – February for summer program and May for school year program

Time Required: 2-3 hrs. per week, min. 50 hours for certificate

Training: Available

Minimum Age: 16

Supplementary: Wheelchair accessible.

THE ANNE JOHNSTON HEALTH STATION

2398 Yonge Street

Phone Number: (416) 486-8666

Contact Person: Sasha Whiting

Website Address: <http://www.ajhs.ca>

E-Mail: info@ajhs.ca

Volunteer Opportunities: Youth, Barrier Free & Seniors Consumer Advisory Committees and various others.

Time Required: Varies

Training: Available

Minimum Age: 13

Supplementary: Wheelchair accessible.

THE CANADIAN PEREGRINE FOUNDATION

1450 O'Conner Drive, Suite 214, Building B

Phone Number: (416) 481-1233

Contact Person: Director

Website Address: <http://www.peregrine-foundation.ca>

E-Mail: info@peregrine-foundation.ca

Volunteer Opportunities: Mailings, maintaining data bases for "Fledgling Watch" and also at the Raptor Centre
Time Required: Varies, minimum 3 hours
Training: Available dependent on position
Minimum Age: 16
Supplementary: Wheelchair accessible.

THE FAIRLAWN NEIGHBOURHOOD CENTRE

28 Fairlawn Avenue
Phone Number: (416) 488-3446
Contact Person: Volunteer Coordinator
Website Address:
<http://www.fairlawnneighbourhoodcentre.com>
E-Mail: info@thefnc.org
Volunteer Opportunities: Welcome Desk, Special Events; Marketing (promoting events), arts & drama program.
Time Required: Varies (not exceeding 3 hours per week)
Training: Available
Minimum Age: 14
Supplementary: Wheelchair accessible.

THE HEART AND STROKE FOUNDATION OF ONTARIO

2300 Yonge Street, Suite 1300
Phone Number: (416) 489-7111
Contact Person: Volunteer Coordinator
Website Address: <http://www.heartandstroke.ca>
E-Mail: volunteer@hsf.on.ca
Volunteer Opportunities: In the Fall--Mother- Daughter Walk; in Winter--Paint the Town Red and Person to Person Campaign; in Spring/Summer--Jump Rope for Heart, Hoops for Heart, Big Bike for Stroke, Fit for Heart, Becel Ride for Heart, Polo Ball; Yearlong--"Sales" opportunities, delivery opportunities, general office duties
Time Required: Varies, preferably 1 hour or more
Training: Available
Supplementary: Wheelchair accessible.
WORLD WILDLIFE FUND

245 Eglinton Ave. East, Suite 410
Phone Number: (416) 489-8800
Contact Person: Volunteer Coordinator, Human Resources
Website Address: <http://www.wwf.ca>
E-mail Address: volunteers@wwfcanada.org
Volunteer Opportunities: Event planning and clerical assistance
Time Required: Varies, dependent on position
Training: Orientation available
Minimum Age: Varies. See website for age requirements.
Supplementary: Wheelchair accessible.

YORKMINSTER PARK MEALS ON WHEELS

1585 Yonge Street
Phone Number: (416) 482-0549
Contact Person: Executive Director
Website Address: <http://www.sprint-homecare.ca>
E-Mail: info@sprintcare.org
Volunteer Opportunities: Delivering meals on wheels to elderly clients
Time Required: Mostly 2 hrs between 10:30 am-12:30 pm
Minimum Age: 12
Supplementary: Wheelchair accessible.

YMCA OF GREATER TORONTO

2200 Yonge St. Suite 300
Phone Number: (416) 928-3362 Ext.22587
Contact Person: Volunteer Coordinator
Website Address: <http://www.ymcagta.org>
E-Mail: volunteering@ymcagta.ca
Volunteer Opportunities: Community involvement, providing leadership and offering administrative assistance.
Time Required: Varies
Training: Available
Minimum Age: 15
Supplementary: To complete online volunteer application or to find out about volunteer opportunities, visit ymcagta.org/en/volunteer/how-become-volunteer.html

Volunteer Opportunities In The City Of Toronto

This list does not contain all of the student volunteer opportunities in the City of Toronto.

It should also be noted that for agencies/organizations outside of the North Toronto area, it is necessary to call the agency/organization to obtain specific information about categories such as type of volunteer opportunities available, minimum age, and available dates. When calling the agency/organization it is a good idea to ask to speak with the Volunteer Coordinator or Manager of the Volunteer Program. Website addresses have been provided where available.

BELMONT HOUSE

55 Belmont Street

Phone Number: (416) 964-9231 ext.0

Website Address: <http://www.belmonthouse.com/>

E-Mail: information@belmonthouse.com

BROWN COMMUNITY CENTRE

454 Avenue Road

Phone Number: (416) 392-6826

Website Address: www1.toronto.ca

CAMPBELL HOUSE

160 Queen Street West

Phone Number: (416) 597-0227

Website Address: <http://www.campbellhousemuseum.ca/>

E-Mail: campbellhouse@bellnet.ca

COMMUNITY ASSOCIATION OF RIDING FOR THE DISABLED (CARD)

4777 Dufferin Street

Phone Number: (416) 667-8600 Ext.74

Website Address: www.card.ca

E-Mail: judy@card.ca

CANADIAN HEARING SOCIETY

271 Spadina Road

Phone Number: (416) 928-2500

Website Address: <http://www.chs.ca>

E-Mail: office@toronto.chs.ca

CITY OF TORONTO SPECIAL EVENTS

Location Varies (Dependent on event)

Phone Number: (416) 392-9315

Website Address:

http://www.toronto.ca/special_events/volunteer.html

E-Mail: spevvoll@toronto.ca

DAILY BREAD FOOD BANK

191 New Toronto St. (Also in various locations)

Phone Number: (416) 203-0050

Website Address: <http://www.dailybread.ca/>

E-Mail: learn@dailybread.ca

DOWN SYNDROME ASSOCIATION OF TORONTO

40 Wynford Drive, Suite 303

Phone Number: (416) 966-0990

Website Address: <http://www.dsat.ca>

E-Mail: info@dsat.ca

EVERGREEN

355 Adelaide Street West, Fifth Floor

Phone Number: (416) 596-1495

Website Address: <http://www.evergreen.ca>

E-Mail Address: info@evergreen.ca

EVERGREEN BRICK WORKS

550 Bayview Avenue, Suite 406

Phone Number: (416) 677-9994

Website Address: <http://www.ebw.evergreen.ca/>

E-Mail: greentoronto@toronto.ca

FAMILY SERVICE ASSOCIATION OF TORONTO

355 Church Street

Phone Number: (416) 595-9230

Website Address: <http://www.fsatoronto.com/>

E-Mail: mindykh@familyservicetoronto.org

FOR YOUTH INITIATIVE

1652 Keele St.

Phone Number: (416) 653-3311

Website Address: <http://www.foryouth.ca>

E-Mail: info@foryouth.ca

FUDGER HOUSE

439 Sherbourne Street

Phone Number: (416) 392-5252

GOODWILL INDUSTRIES OF TORONTO

350 Progress Ave. Scarborough

Phone Number: (416) 815-4752

Website Address: <http://www.goodwill.on.ca>

E-Mail: smelnick@goodwill.on.ca

HARBOURFRONT COMMUNITY CENTRE

627 Queen's Quay West

Phone Number: (416) 392-1509

Website Address: <http://harbourfrontcentre.com>

E-Mail: info@harbourfrontcentre.com

KIDNEY FOUNDATION OF CANADA

15 Gervais Drive, Suite 700

Phone Number: (416) 445-0373 Ext. 237

Website Address: <http://www.kidney.ca>

E-Mail: kidney@kidney.on.ca

KIDS HELP PHONE

439 University Avenue, Suite 300

Phone Number: (416) 586-5437

Website Address: <http://www.kidshelpphone.ca>

E-Mail: ontario@kidshelpphone.ca

NORTH YORK WOMEN'S CENTRE

2446 Dufferin St.

Phone Number: (416) 781-0479

Website Address: <http://www.nywc.org>

E-Mail: info@nywc.org

ONTARIO SPECIAL OLYMPICS

65 Overlea Boulevard, Suite 200

Phone Number: (416) 447-8326 Ext. 230

Website Address: <http://www.specialolympicstoronto.com>

E-Mail: volunteer@specialolympics.com

PARKINSON SOCIETY CANADA

4211 Yonge Street, Suite 316

Phone Number: (416) 227-9700

Website Address: <http://www.parkinson.ca>

E-Mail: info@parkinson.ca

ST. CLAIR WEST SERVICES FOR SENIORS

2562 Eglinton Avenue West, Suite 202

Phone Number: (416) 787-2114

Website Address: <http://www.servicesforseniors.ca>

E-Mail: volunteer@servicesforseniors.ca

ST. JOHN AMBULANCE METROPOLITAN TORONTO

365 Bloor St. East, Suite 900

Phone Number: (416) 967-4244 Ext. 254

Website Address: <http://www.sja.ca/ontario/toronto.aspx>
E-Mail: philip.griffiths@on.sja.ca

SCADDING COURT COMMUNITY CENTRE

707 Dundas Street West

Phone Number: (416) 392-0335

Website Address: <http://www.scaddingcourt.org>

SURVIVOR SUPPORT PROGRAM (Distress Centre)

Various Locations (Downtown, North York & Scarborough)

Phone Number: (416) 486-3180

Website Address: www.torontodistresscentre.com

E-Mail: carrie-ann@torontodistresscentre.com

THE ARTHRITIS SOCIETY

393 University Avenue, Suite 1700

Phone Number: (416) 979-7228

Website Address: <http://www.arthritis.ca/>

E-Mail: info@arthritis.ca

THE JOHN HOWARD SOCIETY OF TORONTO

60 Wellesley Street West

Phone Number: (416) 925-4386 Ext. 239

Website Address: <http://www.johnhowardtor.on.ca/>

E-Mail: contact@johnhowardtor.on.ca

THE LUNG ASSOCIATION

18 Wynford Drive, Suite 401

Phone Number: (416) 696-9240

Website Address: www.on.lung.ca

E-Mail: olalung@on.lung.ca

THE OLDER WOMEN'S NETWORK

115 The Esplanade

Phone Number: (416) 214-1518

Website Address: www.olderwomensnetwork.org

E-Mail: info@olderwomensnetwork.org

THE SECOND MILE CLUB OF TORONTO

110 Edward Street

Phone Number: (416) 597-0841

E-Mail: volunteering@secondmileclub.ca

THE UNITED WAY OF GREATER TORONTO

26 Wellington Street East, 11th floor

Phone Number: (416) 777-2001 or (416) 777-1444 ext.255

Website Address: <http://www.unitedwaytoronto.com/>

TORONTO BOTANICAL GARDEN

777 Lawrence Avenue East

Phone Number: (416) 397-1304

Website Address: www.torontobotanicalgarden.ca

E-Mail: info@torontobotanicalgarden.ca

TORONTO HUMANE SOCIETY

11 River Street

Phone Number: (416) 392-2273

Website Address: www.torontohumanesociety.com

TORONTO INTERGENERATIONAL PARTNERSHIPS

800 Greenwood Avenue, Room A-36

Phone Number: (416) 531-8447

Website Address: www.tigp.org

E-Mail: linh@tigp.org

TORONTO PUBLIC LIBRARY (SOUTH REGION)

789 Yonge Street

Phone Number: (416) 397-5945

Website Address: <http://www.tpl.toronto.on.ca/>

TORONTO WILDLIFE CENTRE

60 Carl Hall Road, Unit 4

Phone Number: (416) 631-0662

Website Address: www.torontowildlifecentre.com

E-Mail: volunteer@torontowildlifecentre.com

Phone Number: (416) 932-1919

Website Address: www.yay.org

E-Mail: mail@yay.org

VOLUNTEER CENTRE OF TORONTO

344 Bloor Street West, Suite 404

Phone Number: (416) 961-6888

Website Address: <http://www.volunteertoronto.on.ca/>

E-Mail: info@volunteertoronto.ca

WOODGREEN COMMUNITY CENTRE

1080 Queen Street East

Phone Number: (416) 645-6000

Website Address: www.woodgreen.org

E-Mail: volunteer@woodgreen.org

YMCA OF GREATER TORONTO

20 Grosvenor Street

(Or visit your closest YMCA location)

Website Address: www.ymcagta.org

E-Mail: volunteering@ymcagta.ca

YWCA OF GREATER TORONTO

87 Elm Street

Phone Number: (416) 961-8100 or 1-888-843-9922

Website Address: <http://www.ywcatoronto.org>

E-Mail: info@ywcatoronto.org

YONGE STREET MISSION

306 Gerrard Street East

Phone Number: (416) 929-9614

Website Address: www.ysm.ca

E-Mail: rpentinga@ysm.ca

YOUTH ASSISTING YOUTH (THE PEER PROJECT)

5734 Yonge Street, Suite 401

Online Volunteer Opportunities



CHARITY VILLAGE

www.charityvillage.com

Website supporting Canada's non-profit organizations and charities

GET INVOLVED

www.getinvolved.ca

TORONTO YOUTH VOLUNTEERS

www.tontoyouthvolunteer.org

VOLUNTEER WORKS

<http://www.volunteer.ca>

Featuring a series of volunteer products

VOLUNTEER CENTRE OF TORONTO

<http://www.volunteertoronto.on.ca>

Click: Toronto Cares icon for monthly listings and short-term assignments.

For on-going assignments, go to youth volunteering section

Remember

If you have any additional questions concerning community involvement, please talk to your teachers, principal, vice principal or guidance counsellors.

Remember that telephone numbers, addresses and website information become out of date. Please call **POINT** at **(416) 487-2390** if you find that the information is no longer current and/or if you require any further assistance with The Student Volunteer Resource Guide.

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"It is one of the most beautiful compensations of this life that no man can sincerely try to help another without helping himself."

--Ralph Waldo Emerson

FEEDBACK FORM

What school are you from?

What is your position in the school? Student ☐ Teacher ☐

How did you obtain The Student Volunteer Resource Guide?

Did you find it useful? Yes ☐ No ☐

Did you share the guide with others? Yes ☐ No ☐

Are there any additional agencies/organizations, topics, and information that should be included?

Other comments:

Return this feedback form to POINT by:

E-mail: info@pointinc.org

Fax: 416-487-9276

Mail/Drop off: 200 Eglinton Avenue West, First Floor
Toronto, Ontario M4R 1A7

OR

Visit our website www.pointinc.org to complete and submit form electronically.



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