

Section 4

Where to Start

Helpful Information You Should Gather About The Care-Receiver

- Date of Birth
- Social Insurance Number
- Birth Certificate or Document of Citizenship
- Marriage Certificate
- Name of Doctors: Family/Specialist(s)
- List of Medication(s) person is taking
- Drug Allergies
- Other Allergies
- Health Card Number
- Drugs/Dental/Health plan - Policy Number
- Name of Accountant
- Income Tax records - location
- Name of Bank Manager
- Bank Accounts: location of bank accounts
- Bank address and phone number
- Debit Card Number
- Safety Deposit Box and Key - location
- Name of Broker or Financial Planner

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- R.R.S.P.s (Registered Retirement Savings Plans) or G.I.C.s (Guaranteed Income Certificates) – Trading Authorization (Limited Power of Attorney). This document provides a representative of a financial service with the authority to act on behalf of the Care-Receiver, in giving investment instructions for purchase of plan/assets or exchange of plan/assets within the same family of funds.

Institute of Chartered Accountants of Ontario offers
free tax clinics for seniors - 416-962-1841

Revenue Canada publishes a pamphlet entitled Tax Information for People with Disabilities. For all income tax information, contact the local district Revenue Canada taxation office listed in the Blue pages of the telephone directory.

Human Resources Skills Development Canada (HRDC) has developed a booklet called Overview & Income Security Programs, outlining in detail all pensions and benefits offered by the government. Call during mid-months to receive immediate attention 1-800-277-9914

- Credit cards – any outstanding balances
- Car Insurance
- Life Insurance
- All pensions & benefits - Canada Pension Plan (C.P.P.), Old Age Security (O.A.S.) and employment pensions
- Household Insurance
- Drivers' licence and car ownership papers
- Rental payments
- Lease or Home Ownership Agreement
- List of family, friends as contacts
- Funeral plans and wishes - discuss openly with Care-Receiver

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- Organ Donations - where are they documented?
- Name of Lawyer, address and telephone number
 - Will
 - location of will, copies on hand
 - personal wishes and wishes in respect to property distribution
 - make sure will is current and is in good order
 - living will - contains instructions of the grantor with respect to organ donation
 - discuss these issues early on and be clear who has Power of Attorney

Helpful Information You Should Gather - * Toll-free in Ontario only

GOVERNMENT OF ONTARIO INFORMATION – TELEPHONE NUMBERS AND WEBSITES		
General Information on Ontario Programs and Services	1-800-267-8097* 416 326-1234	www.gov.on.ca
<u>Seniors' Information</u>	1-888-910-1999* 416 326-7076	www.gov.on.ca/citizenship/seniors
<u>General Health Information</u>	1-800-268-1154* 416 314-5518	www.gov.on.ca/health
Guaranteed Annual Income System (GAINS)	1-800 263-7965* TTY: 1-800 263-7776	www.gov.on.ca/FIN
Office of the Public Guardian and Trustee (Power of Attorney Kit)	1-800 366-0335* 416 327-6683	www.attorneygeneral.jus.gov.on.ca
Phonebusters and SeniorBusters Supported by the Ontario Government to report phone fraud and elder abuse	1-888 495-8501	www.phonebusters.com
<u>GOVERNMENT OF CANADA INFORMATION – TELEPHONE NUMBERS & WEBSITES</u>		
General Information fro Canada Programs and Services	1-800 622-6232 TTY/TDD: 1-8—465-7735	www.canada.gc.ca

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Seniors Canada	1-800 622-6232 TTY/TDD: 1-800 465-7735	www.seniors.gc.ca/index.jsp
Canada Pension Plan, Old Age Security, Guaranteed Income Supplement, Disability Benefits	1-800 277-9914	www.hrdc-drhc.gc.ca
Information on Traveling Abroad	1-800 267-6788	www.dfait-maeci.gc.ca

Ontario Seniors' Secretariat

Ministry of Citizenship
77 Wellesley Street West
6th Floor Ferguson Block
Toronto ON M7A 1R3

Web site: www.gov.on.ca/citizenship/seniors

Seniors' INFOnline

Toll-free: 1-888-910-1999
Local Calls: 416 326-7076
TTY: 1-800 387-5559

The Ontario Seniors' Secretariat has two primary tasks

1. To develop and support government initiatives which improve the quality of life of Ontario seniors.
2. To undertake and support public education efforts for and about Ontario's seniors.

Telehealth Ontario 1-866-797-0000 free access to registered nurses 24 hours a day, 7 days a week.

OHIP information 1-800-664-8988

Assistive Devices 1-800-268-6021

Trillium Drug Plan 1-800-575-5386

Flu Shot Program 1-866-358-6968

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Your Notes - Section 4

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