

POINT *by* POINT

Issue 19

FALL 2006

North Toronto Community Fair

Hosted by POINT Inc.

**Thursday
November 2, 2006**

11:00 am - 4:00 pm

**Yonge-Eglinton Centre
Concourse Level-Centre Court**

Information displays by 18
local non-profit agencies on
social, health &
recreational programs

Healthy Eating Samples
Entertainment
Draw Prizes

See You at the Fair!

**Call POINT for information
416-487-2427**

This event is partially sponsored by
the Yonge-Eglinton Centre
Merchants Association

**POINT by POINT
Newsletter
sponsored by
The Rotary Club
of
Toronto-Forest Hill**



Everything is Coming up Roses The Great Garden Adventure Continues

Once again POINT sponsored a children's gardening project and once again it was a huge success. The "Great Garden Adventure" program was created to enable children to experience nature and contribute to their community. Working in partnership with the Toronto Green Community organization, POINT provided an action packed program designed to excite and motivate young minds to not only think about the wonders of the environment, but also their respective roles in maintaining and guarding it.

This program took place in the Eglinton Park Heritage Community Garden where 64 children gathered and participated in many gardening activities such as planting, weeding and watering. They also learned about composting and the value of insects to all gardens.

Over the course of eight weeks, the children learned the value of working hard as they watched the fruits of their labour grow. In

addition, the children participated in other activities including environmentally minded arts and crafts projects such as making bird feeders and decorating garden bricks. Plenty of sing-songs were held along with story telling and eco-games meant to teach the importance of protecting the environment. The children also participated in scavenger hunts which familiarized them with the Garden and its environs.

You are invited to visit the garden, located directly behind the west end of the North Toronto Memorial Community Centre, 200 Eglinton Avenue West. If you wish to learn more about POINT or the Toronto Green Community,

visit their websites:
www.pointinc.org and
www.ntgc.ca.



PEOPLE AND ORGANIZATIONS
IN NORTH TORONTO



Pointing the way.

Hey, it's the North Toronto Community Fair!

This will be the ninth year that POINT has hosted *the North Toronto Community Fair*, scheduled for Thursday, November 2nd inside the Yonge/Eglinton Centre. "Last year was the most successful to date, with 19 local agencies displaying information about their programs and services. I don't know how we will top it this year," said Janice Webster, Community Information Service Co-ordinator.

As in past years, Parkdale Golden Age Foundation will be offering healthy food samples to enjoy while being serenaded by the rich voice of soul singer Jay Douglas.

Several members of the Yonge/Eglinton Centre Merchants Association, partial sponsor of this event, join in the festivities by donating a product gift certificate for our draw that takes place at the Fair.

The North Toronto Community Fair is a great way for local residents to get a better overview

of the many services that are available to them.

So come out and join us for this

informative, fun event. We look forward to seeing you there!

Scenes from 2005 Fair

COMMUNITY RESOURCES

Q: I recently received a letter from my landlord about an upcoming rent increase of 8%. This is much more than I can afford. Whom can I turn to to find out if this is legal, and get some help in fighting this? Thank you.

A: Your landlord can increase your rent no more than once every 12 months either from the date of the previous rent increase or 12 months after you move in. Your landlord must give you written notice of any rent increase at least 90 days before your rent goes up. If you do not get a written notice, you do not have to pay a rent increase. (One exception to this rule: if you have signed an agreement to pay more in exchange for new services or improvements, then no notice is required. See Sections 126 and 127 of the TPA.) In 2006, the rent guideline is 2.1%. The rent guideline for 2007 will be 2.6%. Landlords can, in some cases, apply to the Tribunal for an increase, which is higher than the annual guideline, such as in your situation. This should be given to tenants in the Notice of Rent Increase form (form N1). If your landlord did not apply to get permission to raise your rent, your rent increase above the guideline is illegal.

Below is a list of resources for information and assistance:

- www.pointinc.org POINT website's Housing page provides a lot of information about your rights as a tenant. There is a section dedicated to rent increases.
- Federation of Metro Tenants' Associations operates a Tenant Hotline 416-921-9494.
- For low-income people, POINT has a bi-weekly legal clinic serviced by West Toronto Community Legal Services. Their legal worker is very knowledgeable about the Tenant Protection Act and can give advice.

YOUTH LEADERSHIP CONFERENCE

Once again POINT is holding its Annual Youth Leadership Conference. This event aims at inspiring young people to fulfill their highest dreams and become leaders in their own schools and communities.

Such accomplishment can only be achieved through the proper channelling and the effective use of personal potential and capabilities.

An intrinsic goal of this conference is to assist and support young students in realizing that they are not without power in affecting positive change in their own communities.

By providing our youth with the opportunity to acquire leadership skills and experience the power each has to bring about the results needed to strengthen our neighbourhoods, POINT Youth Leadership speakers will provide students with positive role models in social cooperation and personal empowerment.

ANNOUNCEMENTS

Coming this fall....POINT presents "**Achieving Life/Work Balance**", a stress reduction program led by Patricia Collie, a graduate of the Canadian Institute of Stress/Hans Selye Foundation and currently studying Mindfulness Based Stress Reduction.

We invite not-for-profit organizations and small business owners to attend this highly effective workshop. Bring wellness and balance into your life. Develop a plan for change by exploring alternative strategies to achieve balance.

POINT will also offer "**Tomorrow's Leaders**", a dynamic youth program where students can learn the "how-to" of special event planning. They will be given the opportunity to hold a fun-filled fundraiser as well. Special events are an exciting way for teenagers to learn how they can make a difference in the lives of others and their community.

If you are interested in participating, call the POINT office at 416 4872390

POINT YOUTH LEADERSHIP CONFERENCE "The Youth Leadership Network"

Friday October 13, 2006

8:30am - 3:45pm

*North Toronto Memorial Community Centre
200 Eglinton Avenue West, 1st Floor*

(3 short blocks from Yonge-Eglinton subway & bus stop in front of Community Centre)

Itinerary Highlights

8:30 - 9:00
Registration

9:40 - 10:30
The Honourable James K. Bartleman
Lieutenant Governor of Ontario
"Leading with "Honour"

10:35 - 11:25
Michelle Dagnino, LLB
Social Justice Advocate
Youth Activism, Empowerment and Mentorship

11:30—12:10
Lunch

12:45 - 1:35
Matt Evans – Actor/Motivational Speaker
Comedic Leadership & Commanding an Audience

1:40 - 2:30
Paul Godfrey – President & CEO,
Toronto Blue Jays
"Stepping up to the Plate"

2:35 - 3:25
Stella Umeh - Olympian
The "Golden" Spirit

3:30 - 3:45
Closing Remarks and Conference Evaluation

Mark Your Calendar !

- ◆ **North Toronto Community Fair** - Thursday, November 2 - 11am - 4pm at the Yonge/Eglinton Centre
- ◆ **Youth Leadership Conference** - Friday, October 13 - 8:30am - 3:45pm
- ◆ **Don't forget POINT's Free public internet access**, open Monday - Friday 9:30 a.m. - 4:30 p.m. Also, free one hour computer classes available. Check our website for latest monthly calendar.
- ◆ **POINT Legal Advice & Government Form-Filling Clinic**
Every 2nd Friday-9:30am - 12:00pm by appointment only
For more information call POINT at 416-487-2427

Seniors' Community Dining Program

Made possible through partnerships with: SPRINT, Parkdale Golden Age Foundation, POINT, The Departments of Parks and Recreation, and Public Health.
Location: North Toronto Memorial Community Centre, 200 Eglinton Ave. West.
Tickets (\$5.50) can be purchased at the POINT kiosk desk in the Community Centre.
To make a reservation call POINT at 416-487-2390. (Sunday Brunch \$6.00)

Wednesday Lunch	Friday Dinner	Sunday Brunch
October 4 Birthday Lunch & Bingo 11 Mini Festival Lunch 18 Lunch & Learn 25 Lunch & Trivia	October 20 Dinner Dance	October 22
November 1 Birthday Lunch & Bingo 8 Lunch & Learn 15 Lunch & Trivia 22 Lunch & Fun 29 Lunch & Learn	November 24 Dinner Dance	November 12 & 26
December 6 Birthday Lunch & Bingo 13 Lunch & Learn 20 Lunch & Trivia	December 15 Dinner Dance	December 10

POINT Mission Statement

To serve the people who live, work and study in North Toronto by improving availability and increasing awareness of the social and health services in the community through information, education, and advocacy.

Board of Directors

Chair: Pat Taylor

Directors: Colin Benjamin, Jason Brown, Bohdan Buczko, Phil Crawford, Sue Doerr, Lynne Kurylo, Marg Muir, Anita O'Connor, Gladys Wong

Interim Executive Director:
Wady Dyson

How to Reach Us

POINT Office

Telephone: (416) 487-2390

Fax: (416) 487-9276

E-mail: point@pointinc.org

Web Site: www.pointinc.org

Open: Monday to Friday
9 a.m. - 5 p.m.

Community Information Service

Telephone: (416) 487-2427

Open: Monday to Friday
9 a.m. - 5 p.m.

North Toronto Memorial
Community Centre
200 Eglinton Ave. W., 1st Floor
Toronto, Ontario, M4R 1A7

POINT by POINT

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POINT Membership Form

- ☐ Yes! I would like to become a member of POINT. My membership fee is enclosed. Please add my name to your mailing list. As a member, I will receive the POINT quarterly newsletter, voting privileges at the Annual General Meeting, and other information bulletins. A charitable tax receipt will also be issued.

Name: _____
 Address: _____
 City: _____ Postal Code: _____
 Tel: (____) _____ Fax: (____) _____

Method of Payment:

Visa _____ Card # _____

Signature _____ Exp. Date: _____

Cheque: Please make Cheque payable to P.O.I.N.T. Inc.

Membership Fee:

Individual \$10.00

Agency/organization/Busine \$25.00



Charitable Registration # 10785 0422 RR 0001