

point by point

NOVEMBER 1987

VOL. 4 NO. 3

POINT NEWS

HINTS AND POINT JOINT MEETING

WHERE DO WE STAND?

Speaker: James Gladstone, M.S.W., Ph. D.
Professor, Wilfrid Laurier University

GRANDPARENTS, AUNTS AND UNCLES STILL CARE!

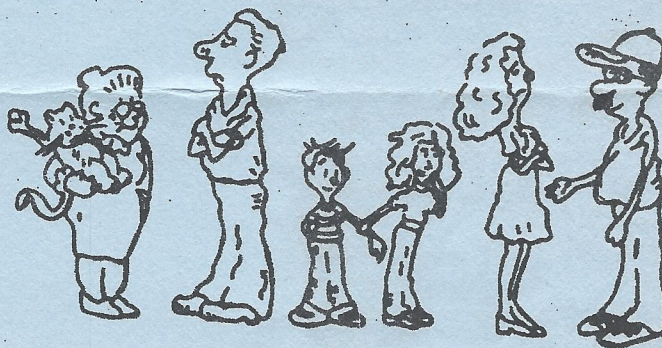
Coping strategies for dealing with divorce
and separation in our families

Date: Thursday, November 26

Time: 9:00 A.M. Coffee and Registration
9:30 A.M. Meeting

Place: St. Georges United Church
35 Lytton Boulevard

EVERYONE IS WELCOME!



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people and organizations in north toronto
P.O.I.N.T. INCORPORATED



A United Way Member Agency

59 Briar Hill Avenue, Toronto, Ontario M4R 1H8 Telephone 487-2390

POINT AGENCY SUPERMARKET

The Annual Agency Supermarket was held on October 22 at Holy Blossom Temple. A recommendation from POINT's long range planning to incorporate our program planning meeting into the Agency Supermarket event gave this year's Supermarket a new format. The agencies' displays were on view until 10:30, at which point the meeting convened. Malcolm Shookner, Executive Director of the North York Inter Agency and Community Council addressed the meeting on the topic of "How to Recognize, Identify and Act upon Community Needs". His speech led into our program planning function, which produced lists of priorities for POINT's programming during 1988. Following this, lunch was served to all the brainstorming participants. The Board of POINT thanks all the agency representatives and residents who helped us with this process; we hope that you also found it helpful, and that you will give us the benefit of your comments on the morning's exercise.

Malcolm Shookner opened his talk on identifying needs in the community by discussing how we set priorities to which to respond. In the past, "needs" tended to mean "special needs", implying deficits that people have, creating a narrow view. For example, Delisle Youth Services responded to the needs of youths for jobs; SPRINT responded to the needs of seniors for meals by creating Meals On Wheels. However, more than these specific needs were discovered; in forums like POINT we find needs are much more complex than the specific ones expressed. For instance, a teenager needs a job, because he is not living with his parents, and thus also needs shelter, support and counselling. The meal provided to the senior also brings company, and may help lead the senior out into the community. Our responses to needs are becoming more complex, more co-ordinated, more comprehensive and understanding.

Community planning provides a more thorough job of identifying needs and responding to them. Agencies must co-ordinate services; funding restraints necessitate more co-ordination, less duplication.

POINT doesn't focus on a special population. We serve a broad cross-section in the development of human services. Our commitment is to give time to network, plan and respond.

Other communities are similarly active. North York formed NYIACC during the late 1960's in response to a broad range of needs and issues, similar to those which initiated POINT. North York provides strong community support to help people live the best possible lives in their community. Most other Metro municipalities have similar organizations, serving similar needs. COPCO brings all those bodies together to share information regarding their response strategies. Metro Community Services and The United Way have published a study on the gains achieved by community development, which has provided some recognition for our activities, and allows us to be more proactive. The restraints in funding seem less in the past few years, another encouraging sign.

Mr. Shookner gave a few examples of the new direction being taken by various levels of government. COMSOC (Ministry of Community and Social Services) has historically responded only to special needs, but in their new corporate plan, they stress improving the quality of life for Ontario residents by responding to their general needs, to be implemented through local communities. The Evans Commission reported to the Premier that social problems are often associated with health problems, and that the emphasis on institutional services may bankrupt us all. The government should shift its focus to emphasize co-ordination, prevention and maintenance, to improve the general quality of life, and

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the quality of care. The Ministry of Health has set its goals for the future following The World Health Organization's Health for All theme. Again, this is a broader definition of health, documenting the connection between the community and health - quality of life. The Management Board of the Cabinet of Ontario is interested in promoting co-operation between communities and the Ontario government, to consider local responses to local needs.

A new planning process is evolving, the first step is to understand the general character of our community. We need data to identify those at risk, ahead of time in order to provide preventative health care. The second step is our vision of what our community should be, what values we consider important, including such principles as individual dignity, and community support. To effect this, we must all work together, as agencies in North Toronto have been doing.

The following are some goals and priorities to consider: 1) The Ministry of Health has broadened its definition of health from merely being free of disease, to include community development, social supports, housing, peace, etcetera. 2) We need support for community life: for example, assistance for seniors to remain at home within their community. 3) We need co-ordination to provide an effective and more comprehensive response to needs. 4) Community development has now been accepted as government policy, and organizations such as POINT should receive greater understanding from governments now. 5) Prevention should be used to improve the quality of life; we need a wholistic perspective on people.

Mr. Shookner encouraged us to be bolder in our own vision of how to improve the quality of life in the North Toronto community.

At a further meeting of the Program Planning Committee, based on the suggestions of this brainstorming, the following topics were identified:

- family resource development
- housing problems in North Toronto
- concerns with adolescents programming and counselling
- changing role of volunteerism, including leadership training for seniors in volunteer roles.

These suggestions will be refined further to produce POINT's 1988 programming. We hope to bring you a more precise description in our December Newsletter.

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COMMUNITY INFORMATION

NEW DIRECTIONS

A support service for separated, divorced and widowed women is looking for volunteers. Direct Service Interviewers needed, training program begins January 1988, basic commitment of 1/2 day per week. Further information: call Sherrill Walker 487-5317

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DELISLE YOUTH SERVICES

A counselling service for adolescents, primarily in North Toronto, who find themselves overwhelmed by the pressures of home, school, or day to day living. Focus on therapeutic, short-term counselling. For an appointment call Susan Lowry or John Nicholson at 482-0081.

OR

Drop-in for Teens: Thursdays, 2:00 to 7:00 p.m.
Location: Northern District Library
Suite 256
40 Orchard View Boulevard

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CENTRAL EGLINTON COMMUNITY CENTRE
(THE THIRD FLOOR)

Fall programming brochure is available in the POINT office.

A few highlights:

Financial planning service - FREE advise from qualified volunteer.

Time: Thursday evenings, 7:00 to 9:00 p.m.

Phone: 487-4096 for an appointment

Location: 555 Mt. Pleasant Road

Toy Library - selection of toys, books, puzzles, tapes and games, for children ages newborn to ten years.

Times: Monday, Tuesday, Wednesday and

Thursday 10:00 to 11:30 a.m.

Tuesday and Wednesday 1:00 to

3:00 p.m.

Saturdays 10:00 a.m. to 4:00 p.m.

Fee: membership of \$10.00 per year

Phone: Cathy or Susan 487-4096

Location: 555 Mt. Pleasant Road

Nannies and Caregivers - proposed informal support group, for socializing, information sharing and community awareness.

Leader: volunteer former nanny

Time: Wednesday evenings

Location: Davisville Public School

Phone: Cathy 487-4096 for registration and further information

Third Floor Open House - North Toronto

Toy Library and Parent/Child Centre

Date: Tuesday, November 10

Time: 7:00 to 8:00 p.m.

Place: 555 Mt. Pleasant Road, above the Crest Theatre

Third Floor Annual Meeting

Date: Tuesday, November 24

Time: 7:30 p.m.

Location: Davisville Public School classroom on lower level

CROSS-CULTURAL COMMUNICATION CENTRE

Do you know they have a resource library?

There is an extensive multi-cultural collection of print and audio-visual resources. The collection includes material on immigration, refugees, racism, employment equity and more. CCCC speakers are available to address library staff, teachers and students about library resources.

Open weekdays from 9:30 a.m. to 5:30 p.m.

For more information, write or visit 965

Bloor Street West, or phone 530-4117.

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SECOND MILE CLUB

Come one! Come all! to the Second Mile Club's big "Jolly Holly Christmas Bazaar"

Date: Thursday, November 26

Time: 10:00 a.m. to 4:00 p.m.

Location: The Second Mile Club

65 Sheldrake Boulevard

Call: 481-4416

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NORTH TORONTO COMMUNITY CENTRE

Three public meetings were held on October 19, 20 and 21 at 7:30 in the evening. A model and drawings of the proposed design were exhibited in order to obtain community reaction and suggestions which the Working Committee will consider as they prepare their final report. The designs are on display at the south end of Eglinton Park and will be there for at least the month of November.

MEETINGS

AVENUE ROAD EGLINTON COMMUNITY ASSOCIATION

Annual General Meeting

Date: Wednesday, November 25

Time: 7:00 to 7:55 p.m. Membership and
Registration

8:00 p.m. Commencement of Business

Location: St. Margaret's Church
53 Burnaby Road

Residents of the area bounded by Yonge Street, Eglinton Avenue West, Latimer Avenue and Roselawn Avenue are welcome, but must be members in good standing to vote. Motions will not be accepted from the floor. For matters requiring a vote from the membership, please ensure the wording of your resolution is delivered to the Secretary of ARECA by November 7. This will ensure all members are aware of all items of business before the meeting. The Newsletter distributed before the meeting will set out the Agenda and motions. Write: c/o 672 Oriole Parkway, Toronto M4R 2C5

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ARTHRITIS SOCIETY IN TORONTO

Public Meeting

Agenda: Film: "The Disease is Arthritis"
Presentation on formation of
Arthritis Branches and Arthritis
Blue Bird Clubs
Refreshments

Date: Thursday, December 3

Time: 8:00 to 10:00 p.m.

Location: Blessed Sacrament Parish Hall
24 Cheritan Avenue

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PLANNING ADVISORY COMMITTEE CITY OF TORONTO

"Reaching Out to Toronto Communities"
A special public meeting on planning issues and concerns, to ensure citizen involvement and input into decision making re planning issues in the City of Toronto.

Date: Tuesday, November 10

Time: 7:30 p.m.

Location: John Fisher Public School
General Purpose Room
40 Erskine Avenue

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WORKSHOPS SEMINARS CONFERENCES

TORONTO ASSOCIATION FOR CHILDREN AND ADULTS WITH LEARNING DISABILITIES

Title: Learning Disabilities-A
Cognitive Behavioural Approach
Donald Meichenbaum, Ph.D.

Description: The presentation will focus
on recent efforts to measure
and teach cognitive strategies,
or what is known as
metacognition

Date: Saturday, November 21

Time: 9:00 a.m. to 3:00 p.m.

Place: O.I.S.E., 252 Bloor Street West

Fee: Advanced Registration: \$50.00

On-Site Registration: \$55.00

Phone: O.I.S.E. 926-4711

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OOLAGEN FAMILY THERAPY TRAINING CENTRE

90 Gerrard Street West, 593-1013

Description: All four workshops offered
are based on a systematic
approach to assessment and
treatment of families. In
this approach, human problems
are seen as an outcome of
dysfunctional person-environment
transactions rather than as
dysfunctions residing solely
within the individual.
Courses instructed by Eva
Kenyon, M.S.W., C.S.W.

Title: Treating Suicidal and Self-Destructive
Adolescents

Dates: January 14 and 15, 1988

Time: 9:30 a.m. to 4:30 p.m.

Fee: \$200.00

Title: Systemic Approach to Family Assessment

Dates: February 18 and 19, 1988

Time: 9:30 a.m. to 4:30 p.m.

Fee: \$200.00

Title: Systemic Approach to Case Management

Date: March 4, 1988

Time: 9:30 a.m. to 4:30 p.m.

Fee: \$100.00

Title: The One-Parent Family System

Date: April 15, 1988

Time: 9:30 a.m. to 4:30 p.m.

Fee: \$100.00

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WORKSHOPS SEMINARS CONFERENCES

HEALTH SPECIAL INTEREST GROUP OF THE AREA NORTH EDUCATIONAL COUNCIL

Title: Teaching About AIDS (Acquired Immune Deficiency Syndrome) in the Classroom

Description: This evening will be directed at parents and teachers of children in Grades 4 to 8, as well as to organizations interested in this topic. Speaker Gloria Torrance will outline the new curriculum.

Date: Monday, November 30

Time: 7:30 p.m.

Location: Davisville Public School
43 Millwood Road

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MULTICULTURAL HEALTH COALITION

with the support of the Faculty of Education, University of Toronto and the Access Action Committee of Metro Toronto.

Title: Equity in Employment and Participation: Race Relations and Health

Description: Despite the diversity of people in Metro Toronto, there are signs that there are inequities in employment, care, and participation for some minority groups. This conference will seek to identify means or methods to address these issues, as well as to explore ways in which equity can be implemented.

Date: Wednesday, November 25

Time: 8:30 a.m. to 4:30 p.m.

Location: Faculty of Education
University of Toronto
371 Bloor Street West

Fee: \$200.00

Contact: Multicultural Health Coalition,
Metro Division
630-8835

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