

point by point

JANUARY 1987

VOL. 3 NO.5

point NEWS

HIGHLIGHTS FROM THE CHAIR - ROBERTA S. McFADDEN

I would like to take this opportunity to wish each and every one of you a very happy and healthy 1987.

P.O.I.N.T. is beginning this new year with a new venture. Our theatre night on Thursday, January 29th at the Centre Stage, "Saturday, Sunday, Monday" will be an evening of fun filled entertainment. Get your tickets now so that you don't miss this exciting event and we'll see you there.

Fundraising has become a major focus for P.O.I.N.T. this year, as we are aiming to become more responsive to the needs of the North Toronto community.

A concerted effort was made in 1986 to approach foundations to assist us in upgrading our office equipment; so that we could increase our service delivery capacity. The Board is very excited by the response of the foundations that were approached and we will realize our goal of \$2,000.

These donations will be put towards the addition of a second telephone line and an envelope sealer arm for a new, updated postage meter. These improvements in our office will help to re-allocate time to direct community service.

In early December, P.O.I.N.T. received a

generous legacy from the estate of Susan Strathy Wilson. We value this, and believe her real contribution and support as well as her volunteer commitment to those programs which enhanced the quality of life for all people in our community.

At a recent Board meeting, it was decided that the legacy would be invested until we move into the new community centre. We plan to purchase something suitable for P.O.I.N.T.'s expanded information service, when we move in 1989. Income from the legacy will be used to improve our public relations and fundraising program.

Our first general meeting of the new year will be on February 5 at 7:30 p.m. at Davisville Public School. Gordon Wolfe, Director of the Jewish Family and Child Services will be speaking on "How Kids Today are Affected by Changing Family Structures".

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people and organizations in north toronto
P.O.I.N.T. INCORPORATED



A United Way Member Agency

COMMUNITY NEWS

THE HOUSE

A complete Co-ed Health Service for Teens and Young Adults: Nutrition/Diet Fitness, Acne, Birth Control Information, Pregnancy Tests, Sport Injuries, Family Problems, Sexually Transmitted Diseases, Counselling. Free and Confidential 927-7171
36B Prince Arthur Avenue

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GEORGE BROWN COLLEGE

A new program for Women Interested in Non-Traditional Occupations is being offered tuition free. The course, starting in January, is 12 weeks in length and is at the Casa Loma Campus. There will be counselling, level testing, hands-on orientation, upgrading, etc. involved. For information call 967-1212, ext. 2460, 2461, 2462.

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TAX CREDIT FOR ELDERLY HOMEOWNERS

If you are 65 years or older, on or before March 31, 1987, receive, as of March 31 the monthly federated Guaranteed Income Supplement, have owned residential property in the city for at least 5 years, immediately preceding March 31, 1987 and live in the property on which the municipal taxes have been levied, you are eligible to receive the City of Toronto's 1987 Tax Credit for Elderly Homeowners. You must apply each year on or before March 31. Call 392-7036 for information.

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MANIC-DEPRESSIVE ASSOCIATION OF METROPOLITAN TORONTO

February 4, 1987 Dr. Gary Hasey, Clarke
Institute of Psychiatry
175 St. Clair Ave. W.
7:30 p.m.

Satellite Group Meetings:

Tuesdays February 17, March 17
George Locke Library 7:00 p.m.

Wednesdays January 21, February 18, March 18
Timothy Eaton Memorial Church
7:30 p.m.
St. Timothy's Anglican Church
7:30 p.m.
Oriole-York Mills United Church
7:30 p.m.

Thursdays January 22, February 19, March 19
Community Centre 55 7:30 p.m.

For more information call 486-8046

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SENIOR'S CENTRAL HOUSING REGISTRY

This is a new service established for Metropolitan Toronto designed to help seniors in finding the type of accommodation they desire. The objectives of the Registry are to provide a "one-stop" facility, to provide a fair and consistent system of assessing eligibility, to provide a pool of qualified applicants for housing providers and to provide information to funders. The Registry is located at 20 York Mills Road (adjoining the York Mills Subway Station). For more information call H.I.N.T.S. at 483-3514.

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MTA MR CENTRAL DIVISION NEWS

Social Club: Holy Rosary Parish Social Club for people who are mentally retarded-held every second Wednesday 7:30 to 9:00 p.m. at the Parish Hall near St. Clair West subway station. For those aged 16 and over. Come as a participant or volunteer. Call Pat McGlade for more information at 654-5980.

Volunteer Opportunity: Volunteers gain valuable experience working with students who are mentally handicapped. We are looking for people to work a few hours each week between 9 a.m. and 3 p.m. Call Alan Warren at Beverly School 977-1063 if you can help.

Home Sharing: A conference for people interested in home-sharing for people with special needs is being planned for next spring. If you would like to know more, contact Anna Briggs at 968-0650, ext. 208.

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THE CANADIAN MUSIC CENTRE

The Canadian Music Centre, Toronto's internationally renowned archives for Canadian contemporary music, needs some help!

The CMC is a non-profit organization devoted to the promotion of Canada's concert music. It operates a lending library Monday to Friday at it's headquarters in historic Chalmers House, 20 St. Joseph Street.

Since many of the performers and university professors needing to use our facilities can only do so during the week-end, the CMC is looking for volunteer receptionists who could answer the phone and greet visitors on Saturdays from 10 a.m. to 2 p.m. A staff assistant librarian would look after the visitors in the library proper.

Should you wish to help out once every 8 weeks, contact Mark Hand at 961-6601.

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OVERLAND LEARNING CENTRE

Fitness programs include aerobics, stretch and strength, fitness for overweights, pre and post natal, seniors, Tai Chi, Yoga, Teens and Kids. Day and evening classes. Call 444-0347 or 229-5507 for information. Other programs are Bridge, Drop-in for Nannies, and a Parent-Child Drop-in Centre. Sponsored by the North York Board of Education, the Centre is located at 55 Overland Drive.

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THE THIRD FLOOR COMMUNITY CENTRE

New Programs: Movement Works- fitness and health classes for pregnant women, women and young children. Daytime classes held at 67 Taunton Road (Church). Gentle Yoga - for older men and women. Tuesdays, 10:30 to 11:30 a.m. at 67 Taunton Road. Information and registration, call Melanie Lazarus 783-8190.

Yoga - Lunch time classes for men and women at 67 Taunton Road. Monday and Thursdays, 12:15 to 1:00. Call 487-4096 to register. March Break Day Camp for Kids - a week of outings and creative activities for 5-12 year olds. Registration forms available at the Centre office 555 Mt. Pleasant Rd. (above the Crest Theatre).

Ongoing Programs: include Parent-Child Centre, Toy Library, Legal Information Line, Community Information, Tai-Chi, Self Defence for all ages, Pre-School programs. Call 487-4096

Income Tax Information: assistance in completing your tax return. Tuesday evenings 7 to 10 p.m. at 555 Mt. Pleasant Rd. Mid February through April - call and book an appointment. 487-4096

Help us Feed the Hungry:-Please drop off your donations to the Centre for pick up by Stop 103. Non perishable foods, particularly canned fruits and vegetables are greatly appreciated. 555 Mt. Pleasant Rd. or call 487-4096 if you are unable to deliver.

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COURSES

WORKSHOPS

SEMINARS

"Now is the Time" is a series of workshops for seniors, sponsored by David McFadden, M.P.P. Eglinton and the Eglinton Seniors Advisory Council, on Wednesday, January 20 1:00 to 3:30 p.m. at North Toronto Memorial Gardens. Workshops include: Legal and Financial Services; Home Care and Support Services, Health and Nutrition, Housing and Accommodation, Nursing Homes and Retirement Activities. Telephone Monday and Wednesday 9 a.m. to 1 p.m. 482-2481 to register.

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RYERSON POLYTECHNICAL INSTITUTE

Seniors' Studies: A unique program for seniors, Continuing Education Department, 350 Victoria Street.

Ryerson is offering Daytime Credit courses, Interest courses, Fun and Fitness for Seniors, Continuing Education courses. For information on the many interesting programs at Ryerson call 979-5103.

Seniors' Studies Open House: come meet instructors and find out about special interest courses being offered to seniors during the winter and spring term.

Tuesday, February 3 - Third Floor Lounge
Room A344, Jorgensen Hall, 380 Victoria
Street 1:00 to 3:00 p.m.

Ryerson Theatre School: offers a number of dance and dramatic performances during the academic year. This is an excellent opportunity to see some first rate performances at rock bottom prices. To obtain further information call the Ryerson Theatre School at 979-5086.

Elderhostel: Ryerson is pleased to announce that it will be offering its first Elderhostel in the summer of 1987.

Arrangements have been made to use Neill-Wycik College Residence for the weeks of May 24 to 30 and May 31 to June 6. To find out more about this unique program, plan to attend the following information session:

Date: Wednesday, February 25, 1987

Time: 1:00 to 3:00 p.m.

Place: Learning Resources Centre
350 Victoria Street, Room L72

Seniors' Forums: All Seniors' Forums are held on the third Tuesday of the month, 1:00 to 3:00 p.m. in Room A344 (third floor, Jorgensen Hall) Admission \$2.00 Call 979-5103 for the winter schedule.

Today's Seniors: Become a Today's Seniors preferred customer card holder and also receive Today's Seniors newspapers. Cost is \$12.00 to cover 12 issues.

Today's Seniors
10 Tempo Avenue
Willowdale, Ontario
M2H 2N8

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HELP

WE HAVE 50 TICKETS AVAILABLE
FOR THE THEATRE NIGHT - THURSDAY,
JANUARY 29TH, ST. LAWRENCE CENTRE,
"SATURDAY, SUNDAY, MONDAY", GREAT
MEDIA REVIEWS!

JOIN YOUR FRIENDS AND HELP US MAKE
THIS EVENT A FINANCIAL SUCCESS.

REMEMBER - A PORTION OF THE \$25.00
TICKET IS A CHARITABLE DONATION AND
A RECEIPT WILL BE ISSUED -

CALL JOAN OSLER AT 487-2390 AND
PLACE YOUR ORDER.

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