

# point by point

Katie 491-6430

DECEMBER 1987

VOL. 4 NO. 4

## WORKSHOPS SEMINARS CONFERENCES

### GEORGE HULL CENTRE

C. M. Hinks Institute  
Oolagen Training Centre  
presents a day with the internationally  
respected Dott. Maurizio Andolfi of Rome,  
Italy

Resurrection and Redefinition: Therapy  
with Couples

Date: Tuesday, January 5, 1988

Place: Toronto General Hospital  
Nurses Residence/Auditorium  
90 Gerrard Street West

Time: 8:30 a.m. Registration

9:30 a.m. Opening

4:30 p.m. Closing

For information call: 622-8833

.....

### YORK UNIVERSITY

Centre for Continuing Education

"The Law and You", a lecture/discussion  
series, continues in January, with the  
following topics:

Income Tax and Personal Financial  
Planning - 4 sessions; Equal Value  
Legislation - 3 sessions; Estate Planning  
and Administration - 3 sessions; The Cost  
of Justice and the "New" Small Claims  
Courts - 3 sessions.

Date: Wednesdays, starting January 13

Time: 7:00 to 10:00 p.m.

Place: Osgoode Hall Law School

York Campus

4700 Keele Street (at Steeles)

Fees: varies with course, \$54 to \$72

Call: 736-5025

.....

### TIMES CHANGE

Women's Employment Service

Workshops offered:

Vocational Planning

Job Research Techniques

A comprehensive Access Centre and

Educational counselling are also available.

All daytime services are free of charge.

A ten session evening Vocational Planning  
Workshop will begin in January.

Fee: \$130.00

For information call: 487-2807

.....

### LIFE MANAGEMENT CENTRE LTD.

presents "Looking Forward"

Retirement Planning Workshops

Practical, informative, participative  
experience for those approaching  
retirement.

Dates: February 23 and 24, 1988

April 19 and 20

June 14 and 15

Cost: \$295 per employee, additional \$100  
for employee's spouse

Call: 928-9571

.....

two....



people and organizations in north toronto  
P.O.I.N.T. INCORPORATED



A United Way Member Agency



A CONFERENCE FOR COMMUNITY HEALTH PROFESSIONALS

The How To's of Health Education  
AIDS: Education in Canada: Successes and Challenges  
Date: Monday, February 1  
Place: The Royal York Hotel  
Fee: \$95  
Call: 675-5077

.....

MUNICIPAL AFFAIRS

HEALTHY TORONTO 2000

This discussion paper is being circulated throughout the City by the Board of Health, and concerns the future of public health in Toronto. This includes a short questionnaire to help the Board with public health plans for the next century. Public input is essential. Copies can be received by calling 392-7025.

Northern Health Area's Community Advisory Board is meeting with groups in Wards 3, 5, 10 and 11 to present the above discussion paper. Requests for this presentation should be addressed to Anita O'Connor, Northern Health Area Office, 392-0953.

.....

NEW GUIDE TO TORONTO'S HOUSING STANDARDS

This straightforward, non-technical guide to the City's Housing Standards By-Law Number 73-68 covers such topics as adequate heat, general maintenance, fire code requirements, artificial lighting in underground garages and general information for landlords. To receive a copy, phone 392-7960, or pick up a copy at 16th floor, East Tower, or the Information Desk, 1st floor, Toronto City Hall.

.....

MARKET VALUE RE-ASSESSMENT

Metro Toronto Council will likely be voting on a proposal to introduce a property tax re-assessment, based on 1984 market values, on Tuesday, December 8. Citizens interested in attending this meeting should phone the Metro Clerk at 392-8016 on December 8 to confirm the exact time of the debate.

.....

three....



## FEATURED AGENCY

### TORONTO RECYCLING ACTION COMMITTEE

The Toronto Recycling Action Committee (TRAC) is working with the Toronto Department of Public Works to find solutions to Toronto's growing garbage problem. Possible answers include finding new landfill space, incinerating greater amounts of waste, and, last and most environmentally sound, incorporating a full scale municipal recycling program.

TRAC and the Department of Public Works are involved in four recycling programs:

1. Wednesday Newspaper Pick-Up Program - the City collects an average of 364 tonnes on newspaper per month;
2. Multi-Material Curbside Source Separation Pilot Program - available so far to only 3,300 households, collecting newspapers, glass and tins in blue boxes provided by the City - the number of eligible families participating is increasing steadily;
3. Depot Program - the recycling depots, which accept glass and tin, are located in North Toronto at:
  - Yonge Street, north of Lawrence, in rear of A & P parking lot
  - 625 Castlefield Avenue, south side, east of Bathurst Street
  - 17 Broadway Avenue, south side (North Toronto Collegiate)
  - Bayview Avenue, west side, north of Davisville (Mr. Grocer's)
  - Bayview and Eglinton, north side of Dominion Store parking lot
4. Office Waste Paper Recovery Program - work places are encouraged and assisted to start up their own waste paper recycling program.

TRAC and the City are developing two new recycling programs, a Leaf Composting Pilot Program, and an Apartment Newspaper Recovery Pilot Program.

The general public can become more involved in the following ways:

1. Encourage others to take glass and tins to their nearest recycling depot.
2. Organize a waste paper recovery program in your work place.
3. Write your Alderman and voice your support for curb-side recycling.
4. Call TRAC, 392-7850, and offer your support, with your name and address for the curb-side programs.

As responsible citizens, concerned about Toronto's lack of landfill space, we should all consider becoming more involved with TRAC and its recycling programs.

.....

## NEW APPOINTMENTS

### SPRINT

SPRINT has announced the appointment of Jane Moore as Executive Director. Jane has been the Executive Director of the St. Clair Meals-On-Wheels, and will commence her new position early in January.

.....

### NEW DIRECTIONS

New Directions, a program for separated, divorced or widowed women, announces the appointment of Fiona Green as the new Executive Director effective December 21, 1977.

.....

four....

## COMMUNITY INFORMATION

### THINGS TO DO DURING THE HOLIDAYS

Looking for free or low-cost activities to fill your Holiday Season? Community Resources Consultants of Toronto has compiled a list of these inexpensive outings, which include categories in International Christmas Celebrations, Musical Festivities, Holiday Happenings at the Royal Ontario Museum and Harbourfront, Crafts, Christmas Parties and Dinners, and lots more. A copy of this booklet is available at the POINT office, or call Community Resources Consultants at 482-4103.

.....

### ORGANIZE YOUR NEXT MEETING AT CEDAR GLEN

It is a proven fact that people learn more effectively when they are removed from their daily environment. Cedar Glen Residential Learning Centre, located in Bolton, is a charitable organization owned by the United Church of Canada. It offers a variety of packages, such as a three day package including meals, a meeting space and comfortable overnight lodging. If you are a non-profit organization and are interested, contact Roz Smith at (416) 859-0220.

.....

## SENIORS

### RENDEZVOUS FOR SENIORS

#### Fall/Winter 1987/1988 Schedule

Courses are offered in:  
Ski Conditioning Classes  
Ski Workshop  
Disco and Ballroom Dancing  
Folkdancing  
Cross-Country Skiing Overnight  
Cross-Country Ski Day Outings  
All courses are based at Harbourfront. For further information, call Rendezvous for Seniors, 973-4944

.....

## POINT MEETING

POINT and HINTS sponsored a joint meeting on November 26 on the topic "Where do we Stand?", coping strategies for grandparents, aunts and uncles to deal with divorce in their families. Dr. James Gladstone, the guest speaker, is a professor of Social Work at Wilfrid Laurier University, and wrote his Ph.D. thesis on this topic.

A thorough write-up of Dr. Gladstone's presentation is available upon request. Telephone 487-2390 and we will forward a copy to you.

.....



## WHAT IS A SENIOR CITIZEN?

A Senior Citizen is one who was here before the pill and the population explosion. We were here before television, penicillin, before frozen food, nylon, xerox, radar, flourescent lights, credit cards and ball point pens.

For us, time sharing meant togetherness, not computers, a chip meant a piece of wood, and software was not even a word. We were before pantyhose and drip dry clothes, before ice makers, dishwashers and electric blankets, before men wore long hair and women wore tuxedos.

We were before yogurt, plastics, the forty hour week and the minimum wage. We were before Ann Landers. We got married and then lived together. How quaint can one be!

Closets were for clothes, not for coming out of, bunnies were small rabbits, and rabbits were not Volkswagens. We were before Batman, Rudolph the rednosed reindeer and Snoopy -- before DDT, vitamin pills, disposable diapers and jeeps, instant coffee and decaffeinated anything. McDonalds was unheard of, and fast food was what one ate during Lent.

We were before FM radios, tape recorders, electric typewriters, work processors, electronic music and disco dancing ---and perhaps that is not all bad!

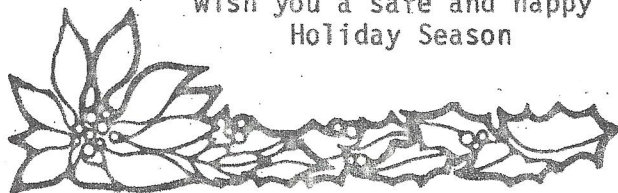
In our day, cigarette smoking was fashionable, grass was for mowing, Coke was a refreshing drink and pot was a cooking utensil. If we had been asked to explain NATO, Ms., CIA or IUD we would have said they were probably some kind of alphabet soup.

We are today's SENIOR CITIZENS --- A hardy bunch when you think of how our world has changed and of the adjustments we have had to make!

AREN'T WE FANTASTIC!

.....

The POINT Board and Staff  
wish you a safe and happy  
Holiday Season



ADVENT AND CHRISTMAS SERVICES  
AT EGLINTON UNITED CHURCH

11:00 A.M.

SUNDAY, DECEMBER 13, ADVENT III, A Celebration of Lessons  
and Carols.

SUNDAY, DECEMBER 20, ADVENT IV, Christmas Sunday.

THURSDAY, DECEMBER 24, 7:00 P.M. Eglinton Family Communion  
Service.

THURSDAY, DECEMBER 24, 11:00 P.M. Christmas Eve Communion Service,  
followed by mulled cider around  
the Christmas Tree.

.....