

point by point

APRIL 1987

VOL. 3 NO. 8

point NEWS

ON TUESDAY, MAY 5th, POINT
WILL PRESENT AN EDUCATIONAL
EVENING FOR THE CAREGIVERS
OF AGING RELATIVES AND NEIGHBOURS

Guest Speakers:

Dr. Carole Cohen, Sunnybrook Hospital
Marcia Wargon, Sunnybrook Hospital

WILL BE FOLLOWED BY A PANEL-DIRECTED
QUESTION AND ANSWER PERIOD

Panel:

Bonnie Davidson, Toronto General Hospital
A representative of SPRINT
The above Speakers

DATE: Tuesday, May 5th
TIME: 7:30 p.m. Registration and Coffee
8:00 p.m. Programme
PLACE: To Be Announced

Resource Materials will be available

P.O.I.N.T. Inc.

ANNUAL MEETING

Thursday, May 28th, 1987

10:30 a.m. Registration
11:00 a.m. Meeting

Guest Speaker: Dr. Trevor Hancock

Eglinton United Church
65 Shelldrake Boulevard

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people and organizations in north toronto
P.O.I.N.T. INCORPORATED



A United Way Member Agency

COMMUNITY NEWS

YWCA

International Boutique

Spring merchandise from around the world will be available in the Boutique Tuesdays to Fridays 10:30 to 5:30, and Saturdays 10:00 to 5:00 until June 20.

Gypsy Glen Camps

Call 487-7151 for more information on:
Gypsy Glen Junior Camp (ages 3 to 5)
Gypsy Glen Intermediate Camp (ages 6 to 9)
Gypsy Glen Video Camp (ages 10 to 14)

Women and Shelter

More Than Just a Roof is the topic of a free symposium, Wednesday April 22, 7:00 p.m. at the YWCA, 80 Woodlawn Avenue East. Speakers include: Cassie Doyle, co-author of Women and Housing, Changing Needs and the Failure of Policy; Joanne Campbell, Metro Councillor, Ward 7. For more information call 961-8100.

Assertiveness

Two courses are being offered this spring:

Assertiveness for the Working Woman:
Mondays, April 27 to June 22, 7:00 to 9:00 p.m.

2532 Yonge Street Fee:\$85/8 sessions

Call 961-8100 to register

This course explores the attitudes and behaviour that identify the Professional Woman.

Assertiveness:

Tuesdays, April 28 to June 16, 7:15 to 9:45 p.m.

2532 Yonge Street Fee:\$85/8 sessions

Call 961-8100 to register

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CENTRAL EGLINTON COMMUNITY CENTRE

(THE THIRD FLOOR)

Ongoing programs and services to the North Toronto Community:

Legal Information Line: Wednesdays,

6:00 to 9:00 p.m. call 487-4616

Income Tax Assistance: Tuesdays, 7:00 to 10:00 p.m. by appointment, until April 30

Babysitting Registry

Community Information

New Programs:

Hatha Yoga: Thursdays, 7:00 to 8:15 p.m.

Davisville Public School, May 7 to June 25

For more information: Chris 927-9661

Centre 487-4096

Karate for Women: Thursdays, 7:00 to 9:00 p.m.

Davisville Public School, Beginning April 23

For more information: Nathan 423-2703

Centre 487-4096

Fitness/Aerobics: Mondays and Thursdays, 9:45 to 10:45 a.m.

First Christian Reformed Church, 67

Taunton Road, May 4 to June 22

Babysitting available if the demand requires it.

Call Centre to register 487-4096

"Affordable Summer Day Care"

The Third Floor Summer Day Camp

Quality care for children 3 to 12 years of age. Extended care: 8:00 a.m. to 6:00 p.m. (no extra fee)

Program Activities: swimming lessons, sailing, canoeing, arts and crafts, day trips, overnights (Senior Camp), theatre/drama, sports, music, new games (non-competitive)

Staff/Child Ratio: Junior Camp:

1 to 3 children and supervisor

Senior Camp:

1 to 8 children and supervisor

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SUPPORT GROUP FOR MEN AND WOMEN OVER 55

An opportunity to make friends and in a supportive atmosphere, share our present lives as well as our memories.

Duration: 8 weeks, beginning April 24
Weekly, 1:30 to 3:30 p.m.

Location: 1395 Bayview Avenue

Cost: \$160.00

Facilitator: Ruth Mechanicus, M.A. M.Ed.

For further information call Ruth

Mechanicus at 483-4213

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H.I.N.T.S.

Housing in North Toronto for Seniors

An invitation to attend:

Date: May 13

Time: 10:00 a.m. - Coffee 9:30 a.m.

Topic: "Aging"

Speaker: Mrs. Gretta Riddell-Dixon
Professor, Open College,
Ryerson Polytechnical Institute

Location: Eglinton United Church
65 Shelldrake Boulevard
483-3514

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SECOND MILE CLUB

The Second Mile Seniors' Club is pleased to announce their spring and summer session of "Open Forum", an interesting and informative series of programs held every Monday at 1:30 p.m. For further information call 481-4416.

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A GROUP HOME ON OUR BLOCK?

A pamphlet written by the neighbours of Eastwood House, a group home in Toronto, which discusses "issues" from a neighbour's point of view. To order copies of the pamphlet or to request a speaker, contact:

Neighbours of Eastwood House

c/o L. Harris

P.O.Box 294, Postal Station P

Toronto M5S 2S8

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PARENTS IN TRANSITION

Resource books for parents of teenagers:

Rudolph Dreikiers, M.D. Coping with Children's Misbehaviour "A Parents' Guide"
Hawthorn Books, Inc., New York, 1978

Shirley Gould Teenagers - The Continuing Challenge Hawthorn Books, Inc.,
New York 1977

Lois and Joel Davitz How To Live Almost Happily With A Teenager Winston Press,
Minneapolis, 1982

Don Dinkmeyer, Gary D. McKay Step/Teen Systematic Training for Effective Parenting Of Teens American Guidance Service,
Minnesota, 1983

Upcoming Events:

Wednesday, May 6 Joan Gitleman, Executive Director of Parents Against Drugs, "The P.A.D. Philosophy"

Wednesday, June 17 Judge James Felstiner, Juvenile and Family Court, "The Law and Our Kids - Be Informed Parents"

Location: Blessed Sacrament School
24 Bedford Park Avenue

Time: 7:45 p.m.

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NEW DIRECTIONS

Workshops directed to displaced homemakers on the following topics: Family Law, Financial Planning, Separation Agreements, Wills and Estates, Job Hunting, Stress. For times, dates and further information call the New Directions office at 487-5317. Also offer support groups for separated/divorced women.

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METRO TORONTO REFERENCE LIBRARY, CENTRE FOR DISABLED PERSONS

The goal of this centre is to make the Library and its resources accessible to disabled persons. The resources include newsletters, periodicals, bibliographies, products descriptions and information packages. Facilities are available for persons with perceptual impairment, visual and hearing handicaps. The Library is accessible with barrier-free washrooms and elevators.

Location: 789 Yonge Street, one block north of Bloor Street

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WORKSHOPS SEMINARS CONFERENCES COURSES

"Don't Blame Mother"

A Feminist Look at Motherhood

May 21, 22, 23, Victoria College,
University of Toronto

Conference Focus: To examine the political and social conditions influencing the well being of women, especially mothers. To provide professional development to counsellors and educators who work with women, To investigate the theme of "Motherhood" in our society. To highlight the Mother/Adult Daughter Relationship.

Sponsored and organized by Professional Development Associates 486-6925

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SENIORS' STUDIES

Ryerson Polytechnical Institute,
Continuing Education Division

Programs include: Beating the Aging Game, Dollars and Sense, Photography, Stratford Preview, Aquatics, Dance, Fitness and Treasures of Toronto.

For more information call: 979-5103
Fees vary for four or six week sessions (\$20 to \$50)

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