

# point by point

MAY

Vol. 2. No.9

## COMMUNITY NEWS

### RAILWAY SAFETY

The Northern Health Area Community Advisory Board intends to publicize the need for better rail safety precautions, including reducing the speed of trains travelling through our community. There will be a public meeting during Environmental Week (the first week in June) on June 3rd, 1986  
At Palmerston Library  
7.30 p.m.

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### Y.W.C.A. OVERCOMING FEARS

If you are feeling insecure, rejected or incompetent in your career and/or personal life, unidentified fears may be the cause. You can learn to identify and deal with fear at the YWCA four-week workshop, Under-standing Fears.

The workshop will be held on Wednesday, 7-9 p.m. May 7-28 at the Y.W.C.A.

80 Woodlawn Avenue East.

Fee: is \$40/4 weeks.

Call 487-7151 to register.

There is a 10% discount for seniors.

### EFFECTIVE BABYSITTING COURSE

Learn how to babysit safely and effectively at the YWCA's Effective Babysitting course for 11-16 year olds.

Wednesdays, May 7 - June 11.

4-5.30 p.m.

At the YWCA, 2532 Yonge Street

Fee: \$33/6 weeks.

Call 487-7151 to register.

### MENOPAUSE: PROBLEM OR POTENTIAL?

The YWCA Menopause Workshop offers women a chance to examine the physical consequences of menopause, myths, realities and coping strategies. The Menopause Workshop meets on Thursday 6:30 - 9:30 p.m.

May 8 and 15

At the YWCA 80 Woodlawn Avenue East.

The fee is \$30/2 sessions.

Call 487-7151 to register.

### DO IT YOURSELF MASSAGE

At the YWCA's SELF MASSAGE WORKSHOP, you will learn techniques to relieve stress and aching muscles.

Thursday May 8.

7 - 10 p.m.

At the YWCA, 2532 Yonge Street.

Fee: \$15:00 with a 10% discount for seniors.

Call 487-7151 to register.

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point by point people and organizations in north toronto  
P.O.I.N.T. INCORPORATED



A United Way Member Agency

# PUBLIC FORUM ON VIOLENCE AGAINST WOMEN

"Breaking the Silence - Making the Links"  
A free public forum on violence against women will take place Thursday, May 8, 7 - 10 p.m. at Toronto City Hall, Main Council Chambers.  
Speakers will address the issues of pornography, prostitution, sexual harassment, sexual assaults, incest and wife assault.  
For more information, contact the YWCA at 961-8100.

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# FRIENDS OF THE FAMILY : IN HOME SUPPORT

Friends of the family provides day to day services aimed at assisting families and friends to manage home care situations for the elderly. They also provide practical nursing care and all the assistance you need to keep your elderly family member out of an institution as long as possible. They can provide short-term or long-term home care. For consultation or more information, please call Friends of the Family at 465-0857.

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"Above it All" exhibition at the Market Gallery tells the tall tale of the C. N. Tower's 10th anniversary. From May 10 to July 6, 1986, a multi-media show will trace the history of the Tower's construction and tell the story of some of the sensation-seekers, daredevils and record breakers who have hoped to make their own fame at the Tower. The Market Gallery is located in the South St. Lawrence Market, 95 Front Street East, Toronto.

Open Wednesday - Friday 10 a.m. - 4 p.m.  
Saturday 9 a.m. - 4 p.m.  
Sunday 12 noon - 4 p.m.

Admission free.  
For information or to arrange group tours and school visits, call 392-7604.

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# NORTHERN AREA COMMUNITY ADVISORY BOARD

The Seniors Interest Group of this Board is sponsoring a public meeting focussing on "Health Care at Home." The meeting will take place on Tuesday, May 13, 1986 7.30 to 9.30 p.m. at Eglinton United Church, 65 Sheldrake Boulevard.

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# TELEMEDICA

TeleMedica is an on-line placement system for Canadian Health Care and Social Service workers. To those seeking employment, we offer a free service that may increase their chances of finding the right situation. To the employer we offer a recruiting alternative that eases the paperwork load on your office staff, cuts costs, and accelerates the process of personnel selection. For further information and fee structure, call TeleMedica at 586-0238.

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# SENIOR POWER IN THE FUTURE

The Association of Jewish Seniors presents its 5th Annual Conference "Senior Power in the Future" on May 28 and 29, at Beth Tzedec, 1700 Bathurst Street, Wednesday May 28.

7p.m. registration, followed by opening ceremonies and dance.

Thursday, May 29: 9 a.m. Registration followed by guest speakers, Hon. Ian Scott, MPP. Attorney General.

Ivy St. Lawrence, Ontario Advisory Council on Seniors.

12 noon - luncheon.

Hon. Ron van Horne MPP. Minister for Senior Affairs.

Dr. Ralph Sheddletsky.

Admission: \$10.00.

For tickets and information call Jennie Gilbert at 635-2860 before May 21.

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St. Georges United Church and North Toronto Children's Choir present Noyes' Flodde by Benjamin Britten on Sunday, May 25 at 2:00 p.m. at St. Georges Church, 35 Lytton Blvd. Admission \$5:00.  
For more information, please call 481-1141.

On Friday, June 20, 1986 a one-day seminar entitled The Naomi Feil Method - Validation Therapy will be held at Warrior's Hall Auditorium, Sunnybrook Hospital.  
For further information, telephone 927-0961.

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SAVE A CHILD

St. John Ambulance offers a two hour child care/ lifesaver course to people interested in the well-being and safety of young children. Monday, June 2, 1986, 7.30 p.m. - 9.30 p.m. at 46 Wellesley Street East. Cost: \$5:00.  
Call 967-4244

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CITIZENS IN NORTH TORONTO AGAINST PORNOGRAPHY

As a result of our meeting with Tom Grieg, Assistant Deputy Minister, (Customs), we have established lines of communication with Linda Murphy, the Manager of Prohibited Importations, Tariff Programs for Revenue Canada, Customs and Excise. She is responsible for the pre clearance of pornography, handling appeals from Border Guards' Classifications of pornography, and coordinating information about the importation of pornography into the country.

If you or your group become aware of a publication or video which contravenes guidelines, particularly publications which are consistent offenders, please contact:

Linda K. Murphy  
Manager of Prohibited Importations  
Tariff Programme (Classification)  
6th floor Connaught Building  
MacKenzie Avenue  
Ottawa, Ontario  
K1A 0L5  
Telephone: (613) 996-1006

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# people and organizations in north toronto

P.O.I.N.T. INCORPORATED



## NOMINATING SLATE FOR THE BOARD OF DIRECTORS, 1986-87

The Nominating Committee of P.O.I.N.T. Inc., proposes the following slate of Directors for the Board of P.O.I.N.T. Inc., for election at the Annual Meeting to be held on Monday, May 26th, 1986, 11:00 A.M. at St. Clement's Anglican Church, 59 Briar Hill Avenue, Toronto.

Chairman:	Mrs. Roberta McFadden
Vice-Chairman:	Mrs. Fran Brown
Past Chairman:	Mrs. Barbara Coupal
Secretary:	Mrs. Lorna Hutchinson
Treasurer:	Mrs. Anne Dupré
Directors:	Mrs. Barbara Fleming
	Ms. Debbie Hill
	Mrs. Tilley Lewis
	Mrs. Cynthia Luks
	Mrs. Eleanor McDonald
	Mrs. Chris McMeans
	Mrs. Nan Percival
	Mrs. Anita O'Connor
	Mrs. Hannah Rosen
	Mrs. Catherine Waugh



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